



VOLLEYBALL

VENUE: The Lights Sports and Community Centre, 244 - 270 East Parkway, Lightsvue

RULES & REGULATIONS:

FIVB Volleyball rules 2025 will apply with some modifications; please see below.

1. SCORERS & GAME TIMES

- 1.1. Each team will need to supply a scorer that is not a coach or player.
- 1.2. Both scorers will need to:
 - 1.2.1. Sit at the scorer's desk, fill out **ONE** score sheet and operate a scoreboard.
 - 1.2.2. Confirm the scores at full time with the coaches.
 - 1.2.3. Score sheets will need to be signed by each coach and brought to the SACSA desk promptly.
 - 1.2.4. **PRE-FILLED score sheets** will be available on court benches.
 - 1.2.5. Please **fill in the information needed for each game** e.g., player's names and numbers prior to the start.
- 1.3. **MATCH** - Best of 3 Sets,
 - 1.3.1. All sets will be first team to **21pts** and winning by 2pts.
 - 1.3.2. If the allocated time ends when playing a 3rd set a team must have completed at least 11pts and be up by 2pts, to count as a completed set. (min score 11-9)
- 1.4. Teams will swap ends after each set promptly.
- 1.5. The umpires will start each set, and a siren will sound at the end of each match.
- 1.6. **TIME OUTS**
 - 1.6.1. There will be one (1) 30 sec timeout allowed during each set per team. (Max 3 per match)
 - 1.6.2. Time outs cannot be called in the last 5 minutes of a match.
 - 1.6.3. Timeouts and subs cannot be made in any general play only after a point/rally.
- 1.7. Total allocated match time 40mins.
- 1.8. **GAME TIME** – 40 mins match time with 10 mins warm up before the match starts. (Not within the 40 min time slot.)

2. REFEREE

- 2.1. It is important that coaches, players and parents DO NOT communicate or challenge with the umpires.
- 2.2. If there is an issue, please direct your questions and/or concerns to the SACSA Executive Sports Coordinator or the Convenor of the event.



3. THE TEAM

- 3.1. Teams shall consist of a maximum of 6 players on court at any one time and up to 6 reserves (12 players max).

4. PLAYING GROUND

- 4.1. Will use a full-size court.
4.2. The net height for **Boys 2.43 metres** and **Girls 2.24 metres**. Separate courts will be allocated.
4.3. Please keep your teams on the benches provided within your back court area so the central umpire can see the whole game being played.

5. THE BALL

- 5.1. Full size Match Volleyballs will be used.
5.2. SACSA Sports will supply all match balls.
5.3. Please make sure you bring no more than two warm up balls (named) for your team.

6. PRE-GAME

- 6.1. The **Home** team on the **score sheet** shall: **Serve first**.
6.2. The **Away** team chooses which end they would like to start at.

7. PLAYERS UNIFORMS

- 7.1. Players will need to wear numbered uniforms/bibs so substitutions can easily be recorded.
7.2. If using a libero player, they will need a different coloured uniform on to the rest of the team.

SACSA SPORTS HIGHLIGHTED AND OR MODIFIED RULES.

8. Serving

- 8.1. **Always wait for the umpire's whistle to start.**
8.2. Service may be overarm, sidearm, and or underarm.
8.3. The ball must leave the supporting hand to serve.
8.4. All Players need to serve from behind the baseline.
8.5. No Blocking or attacking shots above the height of the net are to be played as return of serve.
8.6. **The serving side front court players waiting on the return, must keep their arms and hands below head level while the ball is being served. No extending or waving of arms or hands above the head level is allowed.**

9. SUBSTITUTION RULES

- 9.1. **Players can only be subbed on and off for the same player during the game. Not in rotation**
9.2. A player who has entered the game can be replaced only with a player who s/he replaced (If player #12 replaces player #6, #12 can come back for player #6). No more subs are allowed concerning player #6 or player #12 with any other player.
9.3. Once a sub occurs and a player wishes to re-enter the set, they must assume the original position in the service order in relation to other teammates.
9.4. **Team Substitution Sheet with your starting 6 positions will be available and need to be filled out and handed to the second ref at the start of each set.**



- 9.5. **The ref will check that teams are substituting correctly and notify the first ref if they are not.**
- 9.6. Once a new set starts all rotations from the previous set/match are cleared.
- 9.7. The coach can make substitutions at any time during the game, except during play and **not in the last 2 mins.**
- 9.8. The coach will need to notify the umpire if a substitution is occurring, and the umpire will hold play until substitution has finished.
- 9.9. There will be the Libero rule for Division 1. As per FIVB rules.

10. TABLE POINTS

- 10.1. 3 points for a win, 2 points for a draw, 1 point for a loss.

11. FINALS PLACINGS

- 4.1. The top 6 teams will play off for a spot in the Grand Final.
 - 4.1.1. Top 2 teams from each pool progress to the CHAMPIONSHIP POOLS (3 teams in each one).
 - 4.1.2. Championship Pool 1 and Championship Pool 2.
 - 4.1.3. The best 1st-place team by percentage has an advantage to go into championship pool 1 with two 2nd-place teams from other pools.
 - 4.1.4. Remaining 1st-place teams plus the remaining 2nd-place team form Championship pool 2.
 - 4.1.5. Example: Championship Pool 1 = A1(highest percentage) B2, C2 & Championship Pool 2 = B1, C1 & A2.
- 4.2. Those that are placed 7th to 9th overall will have their own play-off series for the minor placings. (3rd ranked teams in each pool.)
- 4.3. Please check the Sportfix app for all updates. **Finals tab**
- 4.4. CHAMPIONSHIP Pool games progressing to FINALS matches:
 - 4.4.1. #1 ranked of Championship 1 vs #1 ranked of Championship 2 go into the Grand-final.
 - 4.4.2. #2 ranked of Championship 1 vs #2 ranked of Championship 2 go into the Bronze Medal Match (3rd & 4th place overall)
 - 4.4.3. #3 ranked of Championship 1 vs #3 ranked of Championship 2 go into a playoff for 5th place overall.

12. If Teams Are Tied on Points - Positions will be decided in this order to create the Championship rounds and for the Finals.

- 12.1. **Head-to-head result** (result of the match between the tied teams)
- 12.2. **Greatest number of sets won**
- 12.3. **Least number of sets lost**
- 12.4. **Highest percentage** (Total Team Scores For ÷ Total Team Scores Against) × 100
- 12.5. **Least total points conceded** (fewest points scored against the team)
- 12.6. **Most total points scored**

13. DRAWN MATCHES

- 13.1. In the event of a draw during the **minor rounds** there will be **NO** Extra time played.
- 13.2. **In the event of a draw during the FINALS SERIES**
 - 13.2.1. After the siren sounds, the game will continue until one team wins by two points.