

# SACSA SPORTS SECONDARY ATHLETICS GRID



	100m	200m	400m	4x100	800m	1500m	Jav.	Shot	Disc	H.J.	L.J.	T.J.	
<b>13yr</b>	10.25	12.20	11.10	1.55	1.10	9.15	9.15-10.00 S	11.45-12.30 SW	10.45 - 11.30 SE	11.20 - 12.30 SW	10.15 - 11.30 SW	12.30 - 1.30 SW	<b>13yr</b>
<b>Girls 2012</b>													<b>Girls 2012</b>
<b>14yr</b>	10.33	12.28	11.22	2.05	1.20	9.31	10.30-11.15 S	9.30-10.15 SW	11.30 - 12.15 SE	12.30 - 1.40 SW	11.30 - 12.30 SW	9.30 - 10.30 SW	<b>14yr</b>
<b>Girls 2011</b>													<b>Girls 2011</b>
<b>15yr</b>	10.41	12.36	11.34	2.15	1.30	9.47	11.15-12.00 S	10.15 - 11.00 SW	9.15 - 10.00 SE	9.00 - 10.10 SW	12.30 - 1.30 SW	10.30 - 11.30 SW	<b>15yr</b>
<b>Girls 2010</b>													<b>Girls 2010</b>
<b>OPEN</b>	10.49	12.44	11.46	2.25	1.40	10.03	12.00-1.00 S	11.00 - 11.45 SW	10.00 - 10.45 SE	10.10 - 11.20 SW	9.15 - 10.15 SW	11.30 - 12.30 SW	<b>OPEN</b>
<b>Girls 2009-7</b>													<b>Girls 2009-7</b>
	100m	200m	400m	4x100	800m	1500m	Jav.	Shot	Disc	H.J.	L.J.	T.J.	

For track events, all times are for division 1. followed by division 2. followed by division 3.

**\*\*Relay order will be Div 3 first, Div 2 then Div 1.**

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	100m	200m	400m	4x100	800m	1500m	Jav.	Shot	Disc	H.J.	L.J.	T.J.	
<b>13yr</b>	10.29	12.24	11.16	2.00	1.15	9.23	9.15-10.00 N	11.45-12.30 NW	10.45 - 11.30 NE	11.20 - 12.30 SE	10.15 - 11.30 NW	12.30 - 1.30 NW	<b>13yr</b>
<b>Boys 2012</b>													<b>Boys 2012</b>
<b>14yr</b>	10.37	12.32	11.28	2.1	1.25	9.39	10.30-11.15 N	9.30-10.15 NW	11.30 - 12.15 NE	12.30 - 1.40 SE	11.30 - 12.30 NW	9.30 - 10.30 NW	<b>14yr</b>
<b>Boys 2011</b>													<b>Boys 2011</b>
<b>15yr</b>	10.45	12.40	11.40	2.20	1.35	9.55	11.15-12.00 N	10.15 - 11.00 NW	9.15 - 10.00 NE	9.00 - 10.10 SE	12.30 - 1.30 NW	10.30 - 11.30 NW	<b>15yr</b>
<b>Boys 2010</b>													<b>Boys 2010</b>
<b>OPEN</b>	10.53	12.48	11.52	2.30	1.45	10.11	12.00-1.00 N	11.00 - 11.45 NW	10.00 - 10.45 NE	10.10 - 11.20 SE	9.15 - 10.15 NW	11.30 - 12.30 NW	<b>OPEN</b>
<b>Boys 2009-7</b>													<b>Boys 2009-7</b>
	100m	200m	400m	4x100	800m	1500m	Jav.	Shot	Disc	H.J.	L.J.	T.J.	

For track events, all times are for division 1. followed by division 2. followed by division 3.

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