

**SACSA SPORTS**  
**SECONDARY ATHLETICS PROGRAM**



Event #	Time	Event Name	Gender	Age	Location
1	9.00 - 10.10	HIGH JUMP	Female	15yr olds	SW Mat
2	9.00 - 10.10	HIGH JUMP	Male	15yr olds	SE Mat
3	9.15 - 10.15	LONG JUMP	Female	OPEN	SW Pit
4	9.15 - 10.15	LONG JUMP	Male	OPEN	NW Pit
5	9.15 - 10.00	JAVELIN	Female	13yr olds	SW
6	9.15 - 10.00	JAVELIN	Male	13yr olds	NW
7	9.15 - 10.00	DISCUS	Female	15yr olds	SE Ring
8	9.15 - 10.00	DISCUS	Male	15yr olds	NE Ring
9	9.15	1500M	Female	13yr olds	SE Corner of Track
10	9.23	1500M	Male	13yr olds	SE Corner of Track
11	9.30 - 10.15	SHOT PUT	Female	14yr olds	Out the back Ring 1
12	9.30 - 10.15	SHOT PUT	Male	14yr olds	Out the back Ring 2
13	9.30 - 10.30	TRIPLE JUMP	Female	14yr olds	SW Pit
14	9.30 - 10.30	TRIPLE JUMP	Male	14yr olds	NW Pit
15	9.31	1500M	Female	14yr olds	SE Corner of Track
16	9.39	1500M	Male	14yr olds	SE Corner of Track
17	9.47	1500M	Female	15yr olds	SE Corner of Track
18	9.55	1500M	Male	15yr olds	SE Corner of Track
19	10.00 - 10.45	DISCUS	Female	OPEN	SE Ring
20	10.00 - 10.45	DISCUS	Male	OPEN	NE Ring
21	10.03	1500M	Female	OPEN	SE Corner of Track
22	10.10 - 11.20	HIGH JUMP	Female	OPEN	SW Mat
23	10.10 - 11.20	HIGH JUMP	Male	OPEN	SE Mat
24	10.11	1500M	Male	OPEN	SE Corner of Track
25	10.15 - 11.00	SHOT PUT	Female	15yr olds	Out the back Ring 1
26	10.15 - 11.00	SHOT PUT	Male	15yr olds	Out the back Ring 2
27	10.15 - 11.30	LONG JUMP	Female	13yr olds	SW Pit
28	10.15 - 11.30	LONG JUMP	Male	13yr olds	NW Pit
29	10.25	100M	Female	13yr olds	NW Corner of Track
30	10.29	100M	Male	13yr olds	NW Corner of Track
31	10.30 - 11.15	JAVELIN	Female	14yr olds	SW
32	10.30 - 11.15	JAVELIN	Male	14yr olds	NW
33	10.30 - 11.30	TRIPLE JUMP	Female	15yr olds	SW Pit
34	10.30 - 11.30	TRIPLE JUMP	Male	15yr olds	NW Pit
35	10.33	100M	Female	14yr olds	NW Corner of Track
36	10.37	100M	Male	14yr olds	NW Corner of Track
37	10.41	100M	Female	15yr olds	NW Corner of Track
38	10.45	100M	Male	15yr olds	NW Corner of Track
39	10.45 - 11.30	DISCUS	Female	13yr olds	SE Ring
40	10.45 - 11.30	DISCUS	Male	13yr olds	NE Ring

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41	10.49	100M	Female	OPEN	NW Corner of Track
42	10.53	100M	Male	OPEN	NW Corner of Track
43	11.00 - 11.45	SHOT PUT	Female	OPEN	Out the back Ring 1
44	11.00 - 11.45	SHOT PUT	Male	OPEN	Out the back Ring 2
45	11.10	400M	Female	13yr olds	SW Corner of Track
46	11.15 - 12.00	JAVELIN	Female	15yr olds	SW
47	11.15 - 12.00	JAVELIN	Male	15yr olds	NW
48	11.16	400M	Male	13yr olds	SW Corner of Track
49	11.20 - 12.30	HIGH JUMP	Female	13yr olds	SW Mat
50	11.20 - 12.30	HIGH JUMP	Male	13yr olds	SE Mat
51	11.22	400M	Female	14yr olds	SW Corner of Track
52	11.28	400M	Male	14yr olds	SW Corner of Track
53	11.30 - 12.15	DISCUS	Female	14yr olds	SE Ring
54	11.30 - 12.15	DISCUS	Male	14yr olds	NE Ring
55	11.30 - 12.30	LONG JUMP	Female	14yr olds	SW Pit
56	11.30 - 12.30	LONG JUMP	Male	14yr olds	NW Pit
57	11.30 - 12.30	TRIPLE JUMP	Female	OPEN	SW Pit
58	11.30 - 12.30	TRIPLE JUMP	Male	OPEN	NW Pit
59	11.34	400M	Female	15yr olds	SW Corner of Track
60	11.40	400M	Male	15yr olds	SW Corner of Track
61	11.45 - 12.30	SHOT PUT	Female	13yr olds	Out the back Ring 1
62	11.45 - 12.30	SHOT PUT	Male	13yr olds	Out the back Ring 2
63	11.46	400M	Female	OPEN	SW Corner of Track
64	11.52	400M	Male	OPEN	SW Corner of Track
65	12.00 - 1.00	JAVELIN	Female	OPEN	SW
66	12.00 - 1.00	JAVELIN	Male	OPEN	NW
67	12.20	200M	Female	13yr olds	NE Corner of Track
68	12.24	200M	Male	13yr olds	NE Corner of Track
69	12.28	200M	Female	14yr olds	NE Corner of Track
70	12.30 - 1.30	LONG JUMP	Female	15yr olds	SW Pit
71	12.30 - 1.30	LONG JUMP	Male	15yr olds	NW Pit
72	12.30 - 1.30	TRIPLE JUMP	Female	13yr olds	SW Pit
73	12.30 - 1.30	TRIPLE JUMP	Male	13yr olds	NW Pit
74	12.30 - 1.40	HIGH JUMP	Female	14yr olds	SW Mat
75	12.30 - 1.40	HIGH JUMP	Male	14yr olds	SE Mat
76	12.32	200M	Male	14yr olds	NE Corner of Track
77	12.36	200M	Female	15yr olds	NE Corner of Track
78	12.40	200M	Male	15yr olds	NE Corner of Track
79	12.44	200M	Female	OPEN	NE Corner of Track
80	12.48	200M	Male	OPEN	NE Corner of Track

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Event #	Time	Event Name	Gender	Age	Location
81	1.10	800M	Female	13yr olds	SW Corner of Track
82	1.15	800M	Male	13yr olds	SW Corner of Track
83	1.20	800M	Female	14yr olds	SW Corner of Track
84	1.25	800M	Male	14yr olds	SW Corner of Track
85	1.30	800M	Female	15yr olds	SW Corner of Track
86	1.35	800M	Male	15yr olds	SW Corner of Track
87	1.40	800M	Female	OPEN	SW Corner of Track
88	1.45	800M	Male	OPEN	SW Corner of Track
89	2:00	4 x 100M RELAY Div 2	Female	13yr olds	Runners at corners of track
90	2.02	4 x 100M RELAY Div 1	Female	13yr olds	Runners at corners of track
91	2.04	4 x 100M RELAY Div 2	Male	13yr olds	Runners at corners of track
92	2.06	4 x 100M RELAY Div 1	Male	13yr olds	Runners at corners of track
93	2.08	4 x 100M RELAY Div 3	Female	14yr olds	Runners at corners of track
94	2.10	4 x 100M RELAY Div 2	Female	14yr olds	Runners at corners of track
95	2.12	4 x 100M RELAY Div 1	Female	14yr olds	Runners at corners of track
96	2.14	4 x 100M RELAY Div 3	Male	14yr olds	Runners at corners of track
97	2.16	4 x 100M RELAY Div 2	Male	14yr olds	Runners at corners of track
98	2.18	4 x 100M RELAY Div 1	Male	14yr olds	Runners at corners of track
99	2.20	4 x 100M RELAY Div 2	Female	15yr olds	Runners at corners of track
100	2.22	4 x 100M RELAY Div 1	Female	15yr olds	Runners at corners of track
101	2.24	4 x 100M RELAY Div 2	Male	15yr olds	Runners at corners of track
102	2.26	4 x 100M RELAY Div 1	Male	15yr olds	Runners at corners of track
103	2.28	4 x 100M RELAY Div 3	Female	OPEN	Runners at corners of track
104	2.30	4 x 100M RELAY Div 2	Female	OPEN	Runners at corners of track
105	2.32	4 x 100M RELAY Div 1	Female	OPEN	Runners at corners of track
106	2.34	4 x 100M RELAY Div 3	Male	OPEN	Runners at corners of track
107	2.36	4 x 100M RELAY Div 2	Male	OPEN	Runners at corners of track
108	2.38	4 x 100M RELAY Div 1	Male	OPEN	Runners at corners of track

**PRESENTATIONS 2:45PM**