

## 2019 SACS SECONDARY ATHLETICS PROGRAM V2

Event #	Time	Event Name	Gender	Age	Location
1	9.00 - 10.10	HIGH JUMP	Female	U16	SW Mat
2	9.00 - 10.10	HIGH JUMP	Male	U16	SE Mat
3	9.15 - 10.15	LONG JUMP	Female	OPEN	SW Pit
4	9.15 - 10.15	LONG JUMP	Male	OPEN	NW Pit
5	9.15 - 10.30	JAVELIN	Female	U14 Div. A & B	SW
6	9.15 - 10.30	JAVELIN	Male	U14 Div. A & B	NW
7	9.15 - 10.00	DISCUS	Female	U16	SE Ring
8	9.15 - 10.00	DISCUS	Male	U16	NE Ring
9	9.15	<b>1500M</b>	Female	U14	SE Corner of Track
10	9.23	<b>1500M</b>	Male	U14	SE Corner of Track
11	9.30 - 10.15	SHOT PUT	Female	U15	Outside Arena Ring 2
12	9.30 - 10.15	SHOT PUT	Male	U15	Outside Arena Ring 1
13	9.30 - 10.30	TRIPLE JUMP	Female	U15	SW Pit
14	9.30 - 10.30	TRIPLE JUMP	Male	U15	NW Pit
15	9.31	<b>1500M</b>	Female	U15	SE Corner of Track
16	9.39	<b>1500M</b>	Male	U15	SE Corner of Track
17	9.47	<b>1500M</b>	Female	U16	SE Corner of Track
18	9.55	<b>1500M</b>	Male	U16	SE Corner of Track
19	10.00 - 10.45	DISCUS	Female	OPEN	SE Ring
20	10.00 - 10.45	DISCUS	Male	OPEN	NE Ring
21	10.03	<b>1500M</b>	Female	OPEN	SE Corner of Track
22	10.10 - 11.20	HIGH JUMP	Female	OPEN	SW Mat
23	10.10 - 11.20	HIGH JUMP	Male	OPEN	SE Mat
24	10.11	<b>1500M</b>	Male	OPEN	SE Corner of Track
25	10.15 - 11.00	SHOT PUT	Female	U16	Outside Arena Ring 2
26	10.15 - 11.00	SHOT PUT	Male	U16	Outside Arena Ring 1
27	10.15 - 11.30	LONG JUMP	Female	U14 - Div. A	SW Pit
28	10.15 - 11.30	LONG JUMP	Female	U14 - Div. B	SE Pit
29	10.15 - 11.30	LONG JUMP	Male	U14 - Div. A	NW Pit
30	10.15 - 11.30	LONG JUMP	Male	U14 - Div. B	NE Pit
31	10.20	<b>100M</b>	Female	U14 - Div. A	NW Corner of Track
32	10.26	<b>100M</b>	Female	U14 - Div. B	NW Corner of Track
33	10.30 - 11.15	JAVELIN	Female	U15	SW
34	10.30 - 11.15	JAVELIN	Male	U15	NW
35	10.30 - 11.30	TRIPLE JUMP	Female	U16	SW Pit
36	10.30 - 11.30	TRIPLE JUMP	Male	U16	NW Pit
37	10.32	<b>100M</b>	Male	U14 - Div. A	NW Corner of Track
38	10.38	<b>100M</b>	Male	U14 - Div. B	NW Corner of Track
39	10.44	<b>100M</b>	Female	U15	NW Corner of Track
40	10.45 - 11.30	DISCUS	Female	U14 Div. A & B	SE Ring
41	10.45 - 11.30	DISCUS	Male	U14 Div. A & B	NE Ring

## 2019 SACSA SECONDARY ATHLETICS PROGRAM V2

Event #	Time	Event Name	Gender	Age	Location
42	10.50	100M	Male	U15	NW Corner of Track
43	10.56	100M	Female	U16	NW Corner of Track
44	11.00 - 11.45	SHOT PUT	Female	OPEN	Outside Arena Ring 2
45	11.00 - 11.45	SHOT PUT	Male	OPEN	Outside Arena Ring 1
46	11.02	100M	Male	U16	NW Corner of Track
47	11.08	100M	Female	OPEN	NW Corner of Track
48	11.14	100M	Male	OPEN	NW Corner of Track
49	11.15 - 12.00	JAVELIN	Female	U16	SW
50	11.15 - 12.00	JAVELIN	Male	U16	NW
51	11.20	400M	Female	U14 - Div. A	SW Corner of Track
52	11.20 - 12.30	HIGH JUMP	Female	U14	SW Mat
53	11.20 - 12.30	HIGH JUMP	Male	U14	SE Mat
54	11.25	400M	Female	U14 - Div. B	SW Corner of Track
55	11.30	400M	Male	U14 - Div. A	SW Corner of Track
56	11.30 - 12.30	DISCUS	Female	U15	SE Ring
57	11.30 - 12.30	DISCUS	Male	U15	NE Ring
58	11.30 - 12.30	LONG JUMP	Female	U15	SW Pit
59	11.30 - 12.30	LONG JUMP	Male	U15	NW Pit
60	11.30 - 12.30	TRIPLE JUMP	Female	OPEN	SW Pit
61	11.30 - 12.30	TRIPLE JUMP	Male	OPEN	NW Pit
62	11.35	400M	Male	U14 - Div. B	SW Corner of Track
63	11.40	400M	Female	U15	SW Corner of Track
64	11.45 - 1.00	SHOT PUT	Female	U14 Div. A & B	Outside Arena Ring 2
65	11.45 - 1.00	SHOT PUT	Male	U14 Div. A & B	Outside Arena Ring 1
66	11.45	400M	Male	U15	SW Corner of Track
67	11.50	400M	Female	U16	SW Corner of Track
68	11.55	400M	Male	U16	SW Corner of Track
69	12.00 - 1.00	JAVELIN	Female	OPEN	SW
70	12.00 - 1.00	JAVELIN	Male	OPEN	NW
71	12.00	400M	Female	OPEN	SW Corner of Track
72	12.05	400M	Male	OPEN	SW Corner of Track
73	12.10	200M	Female	U14 - Div. A	NE Corner of Track
74	12.14	200M	Female	U14 - Div. B	NE Corner of Track
75	12.18	200M	Male	U14 - Div. A	NE Corner of Track
76	12.22	200M	Male	U14 - Div. B	NE Corner of Track
77	12.26	200M	Female	U15	NE Corner of Track
78	12.30 - 1.30	LONG JUMP	Female	U16	SW Pit
79	12.30 - 1.30	LONG JUMP	Male	U16	NW Pit

## 2019 SACSA SECONDARY ATHLETICS PROGRAM V2

Event #	Time	Event Name	Gender	Age	Location
80	12.30 - 1.30	TRIPLE JUMP	Female	U14 - Div. A	SW Pit
81	12.30 - 1.30	TRIPLE JUMP	Female	U14 - Div. B	SE Pit
82	12.30 - 1.30	TRIPLE JUMP	Male	U14 - Div. A	NW Pit
83	12.30 - 1.30	TRIPLE JUMP	Male	U14 - Div. B	NE Pit
84	12.30 - 1.40	HIGH JUMP	Female	U15	SW Mat
85	12.30 - 1.40	HIGH JUMP	Male	U15	SE Mat
86	12.30	<b>200M</b>	Male	U15	NE Corner of Track
87	12.34	<b>200M</b>	Female	U16	NE Corner of Track
88	12.38	<b>200M</b>	Male	U16	NE Corner of Track
89	12.42	<b>200M</b>	Female	OPEN	NE Corner of Track
90	12.46	<b>200M</b>	Male	OPEN	NE Corner of Track
91	12.50	<b>800M</b>	Female	U14	SW Corner of Track
92	12.55	<b>800M</b>	Male	U14	SW Corner of Track
93	1.00	<b>800M</b>	Female	U15	SW Corner of Track
94	1.05	<b>800M</b>	Male	U15	SW Corner of Track
95	1.10	<b>800M</b>	Female	U16	SW Corner of Track
96	1.15	<b>800M</b>	Male	U16	SW Corner of Track
97	1.20	<b>800M</b>	Female	OPEN	SW Corner of Track
98	1.25	<b>800M</b>	Male	OPEN	SW Corner of Track
99	1.30	<b>4 x 100M RELAY</b>	Female	U14	Runners at corners of track
100	1.35	<b>4 x 100M RELAY</b>	Male	U14	Runners at corners of track
101	1.40	<b>4 x 100M RELAY</b>	Female	U15	Runners at corners of track
102	1.45	<b>4 x 100M RELAY</b>	Male	U15	Runners at corners of track
103	1.50	<b>4 x 100M RELAY</b>	Female	U16	Runners at corners of track
104	1.55	<b>4 x 100M RELAY</b>	Male	U16	Runners at corners of track
105	2.00	<b>4 x 100M RELAY</b>	Female	OPEN	Runners at corners of track
106	2.05	<b>4 x 100M RELAY</b>	Male	OPEN	Runners at corners of track